

Fall Back Into Recreation

Program Offerings Options based on your comfort level

- Online programs at the Virtual Rec. Center.
- *Take it, Make it* programs offered at designated pick-up locations.
- In-person programs in small groups, following ALL COVID-19 Health and Safety protocols.

GREETINGS FROM THE ENFIELD RECREATION OFFICE...

As the dwindling days of summer get shorter and cooler, we are starting to look towards the change in season and what that means for Recreation programming.

Like school and most everything else in life, a lot of our traditional programming is up in the air due to COVID-19. As staff navigate the "new normal" and what that means for our customary program offerings, we are busy working on alternative programming we hope residents of all ages will enjoy.

Similar to the title of this newsletter, we hope folks will consider "*Falling back into Recreation*" this autumn. What does that mean exactly? For the Recreation Division, it means returning to more "old school" recreation of years past before life got so busy and structured. As you peruse this newsletter, you will see more small group, outdoor and drop-in programs of years past (with a 2020 flair).

The global pandemic has forced us to slow down and stay closer to home. We are hear to remind you that Recreation opportunities are still abundant in Enfield. We hope to see you at one of our programs this autumn as you *Fall back into Recreation!*

Warmly,

Alison Alberghini
Recreation Manager



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Office Hours: M - F, 8 AM - 4 PM

In person assistance by appointment.

September 2020 Events

SUN	MON	TUE	WED	THU	FRI	SAT
		1 American Chess Day	2 20 Days Until Fall!	3 National Skyscraper Day	4 National Wildlife Day	5 National Tailgating Day 146th Kentucky Derby
6 Egg Toss Day	7 LABOR DAY <i>Town Offices Closed</i>	8 1st Day of School!	9 Int'l Sudoku Day National Teddy Bear Day	10 NFL Season Starts <i>Texans vs Chiefs</i>	11 9/11 Remembrance Day	12 National Video Games Day
13 Grandparents Day Kids Take Over the Kitchen Day	14 National Coloring Day	15 National Make a Hat Day	16 Play-Doh Day Collect Rocks Day	17 Citizenship Day	18 National Concussion Awareness Day	19 Talk Like a Pirate Day
20 National Neighborhood Day	21 World Peace Day Miniature Golf Day	22 First Day of Fall! Ice Cream Cone Day	23 National Checkers Day	24 World Maritime Day	25 National Comic Book Day	26 National Public Lands Day Museum Day
27 World Tourism Day World Rivers Day	28 Family Day Read a Child a Book Day	29 Nat. Coffee Day Broadway Musical Day World Heart Day	30 National Women's Health and Fitness Day			

- September 1st: American Chess Day - Play chess for free online at www.chesskid.com. Watch for more information on our Youth Chess Club coming soon!
- September 2nd: Fall is around the corner so start planning. Work on your Family Fall Bucket List. Use our [printable](#) to create your own list or use this [pre-made list](#).
- September 3rd: Celebrate National Skyscraper Day with us! Join us online or in person for Skyscraper activities. Click [here](#) for details.
- September 4th: Join us to make a [popsicle stick birdfeeder](#) and participate in a Nature Scavenger Hunt at Freshwater Pond or participate on your own with a [printable Scavenger Hunt](#) and virtual visits to different animal habitats.
- September 5th: It's Tailgating Day! Grab your family and celebrate like you're at the ballpark or the [Kentucky Derby](#)! Pull out your favorite lawn games and play them today! Don't forget to check out these yummy [tailgate friendly recipes](#).
- September 6th: Why not challenge someone in your household to an egg toss? Click [here](#) for fun egg toss ideas!
- September 7th: Happy Labor Day! The Recreation Office is closed but the Virtual Rec. Center is always open. Click [here](#) for printable Labor Day coloring sheets.
- September 8th: It's the FIRST day of the 2020-2021 school year! If you haven't already picked up one of our Back to School activity packs, give a call and schedule a time to pick one up today (while supplies last).
- September 9th: Click [here](#) for International Sudoku Day activities and to enter to win our Sudoku Prize Pack! It's also National Teddy Bear Day. Bring your favorite teddy bear to make a [special craft](#) or *Take it, Make it* at home.
- September 10th: The NFL season kicks off today! Get ready by decorating our [Football coloring sheets](#) with your favorite team colors. Warm up your family pre-game with a NFL Play 60 workout.
- September 11th: In memory of September 11, 2001, we invite you to travel (virtually) to the [9/11 Museum](#) in NYC or pay tribute locally by visiting the [Enfield, CT 9/11 Memorial](#) on Weymouth Road at the District One Fire Station.
- September 12th: Today your child has every excuse to play video games ALL DAY because it's [National Video Games Day!!!](#)
- September 13th: Today is for young and old. It's Grandparents Day and National Kids Take Over the Kitchen Day! Click [here](#) for kid friendly recipes that the kiddos can make for anyone in their family. You can also send [this letter](#) to your grandparents!

**Activities for September 14th - 30th are coming soon.
Look for information in the next issue of our newsletter later in September.**

September is National Yoga Month!

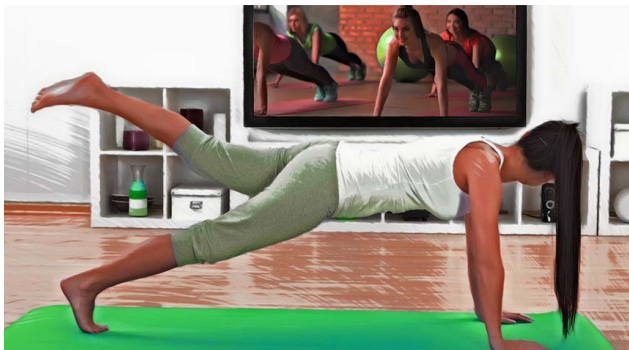
National Yoga Month is a national observance and awareness campaign held during the month of September to educate about the health benefits of yoga and to inspire a healthy lifestyle.

The awareness campaign consists of classes, challenges and other special events during September to celebrate National Yoga Month and inspire people to practice yoga and to create a more balanced lifestyle.

Yoga is a great fitness activity that people of all ages and abilities can do alone or with others in their household.

Click [here](#) for more information on Enfield Recreation's 30-Day at Home Yoga Challenges. Join us daily on Facebook where we will post a daily Yoga video.

In person Yoga classes TBD. Stay tuned!



Back to School Activity Booklets! *Take it, Make it!*

Whether your kids are excited or apprehensive about the new school year, our activity booklets will get them in the mood for BACK TO SCHOOL!

Two separate booklets are available, **Preschool/Kindergarten** and **Grades 1 - 5**. Coloring sheets, mazes, word searches, CYO First Day Signs and more! Pick yours up (by appointment) starting September 1st, while supplies last. Call 860.253.6420 for details.

International Sudoku Day Give-a-way!!!

September 9 is International Sudoku Day! Celebrate by challenging yourself to a Sudoku puzzle and enter for a chance to win a Sudoku prize pack from the Recreation Division. It's simple: complete a puzzle, take a picture of it and share it with us to be entered in the give-a-way. For complete contest information, click [here](#).

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VIRTUAL REC. CENTER!

With the uncertainties surrounding the COVID-19 pandemic, we want you to know we are here for you! Our Virtual Rec. Center is available to you 24 hours a day, 7 days a week and contain a variety of free resources for you to use from the comfort and safety of your own home. From exercise and fitness, to enrichment activities and crafts, to virtual tours and more, we have over 50 offerings. The best part? Check back for additional and new resources being added just for you! Check it out today at www.enfield-ct.gov/recreation.



Recreation Outdoor Classroom In-Person Programs

Skyscraper Day Build Event, Grades K - 5

Calling all young architects! Do you think you have what it takes to build the tallest and sturdiest tower? Enfield residents can work with their households and put their skills to the test to see just how tall they can make their own skyscraper using the materials provided. Join us **September 3 from 9:30 - 10:30 AM** at our Outdoor Classroom. Pre-registration is required. For complete program information, click [here](#).



Wildlife Day Birdfeeder DIY & Scavenger Hunt, Grades 1 - 5

This National Wildlife Day, Enfield residents have the opportunity to construct their very own birdfeeder! Use your creativity to build a unique birdfeeder out of popsicle sticks, glue and twine. While your creation is drying, take a family nature scavenger hunt around Freshwater Pond. Join us **September 4 from 9:30 - 10:30 AM** at our Outdoor Classroom. Pre-registration is required. For complete program information, click [here](#).



Teddy Bear Day Puppet Craft, Ages 3 - 5 years old

Celebrate National Teddy Bear Day! Enfield residents can grab their favorite stuffed bear, join us at the Angelo Lamagna Activity Center and create their own teddy bear puppet! Color your new friend and bring them to life in this age-appropriate craft. Join us **September 9 from 9:30 - 10:30 AM** at our Outdoor Classroom. Pre-registration is required. For complete program information, click [here](#).



Programs at the Outdoor Classroom require pre-registration. Click [here](#) to register through **Activenet**. Registration for these classes begin on **Tuesday, September 1 at 8 AM**.



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